**Sticks: A Game from Pakistan**

**Ages:** 8-12

**Materials:**
Masking tape  
Lummi sticks  
Beanbags  
Board to keep track of points on

**Object of the game:**
To be the team to knock the most amount of sticks out of the circle.

**Set-up:**
- Using masking tape, make a circle in the center of the room (about 8-10 ft in diameter).  
- Spread out around 20-25 sticks in the circle.  
- Designate 2 equally distanced launch points from where each team will toss beanbags. Mark the throwing line with a line of masking tape (about 2 ft. from circle).  
- Place a basket of beanbags next to the line. (Designate one color for each team).

**How to play:**
- Show children a map and where Pakistan is located. Talk briefly about this region and culture. Introduce children to the history of sticks and other games similar to it, like dodgeball and jacks.  
- Divide children into 2 teams and them line up by launch points. Each child gets one beanbag and one chance to throw.  
- On the count of 3, one member from each team launches the beanbag into the circle and tried to knock the sticks out. Every stick knocked out is a point for that team.  
- It’s good to have assistants to help keep score and gather sticks and beanbags.  
- If there is a dispute over who knocked out which stick, then put sticks back into the circle and have the children take another turn.  
- Keep playing until all sticks are knocked out, or the team with the highest score wins. Adaptations: children can play as individuals or as teams depending upon group size. A ball can also be used instead of beanbags.

**Source:**